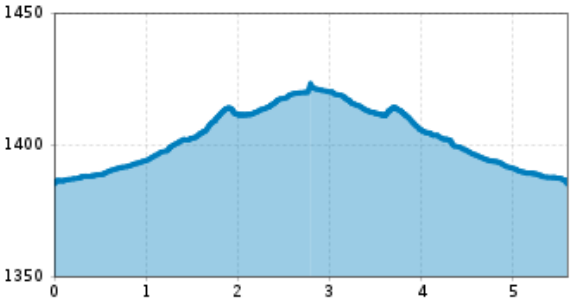
Cross-country ski run "St. Jakob - Maria Hilf"



Altitude profile



Cross-country ski run "St. Jakob - Maria Hilf"

The most important at a glance

distance	snowed	difficulty	start altitude	destination altitude
5.6 km	no	easy	1389 m	1389 m

altitude meters uphill	highest point	barrier-free	biathlon
10 m	1423 m	no	no

cross country seal of quality
no

fitness:

★ ★ ★ ☆ ☆

technique:

★ ★ ★ ☆ ☆

best season: JAN, FEB, MAR, DEC

state: closed

arrival

Stop

St. Jakob in Defereggen Mittelschule

Parking spot

Car park Trojeralmtal

Gpx file

download>

Interactive map

open>

Description

A not especially difficult slope through a scenic area into the valley, with two easy climbs at Bad Grünmoos and before the Forstmeile. Directly from the St. Jakob secondary school, first through a short stretch of forest, then across pastureland into the valley, after crossing Sander bridge follow the slope to the right, pass Bad Grünmoos and head for Forstmeile. Always keep right at Schwarzach and main section in the forest, continue to get to the turning point at Kirchl Maria Hilf. Proceed back on the same slope.

Please note: oncoming traffic and in parts also on the hiking trail from Bad Grünmoos to Kirchl Maria Hilf.