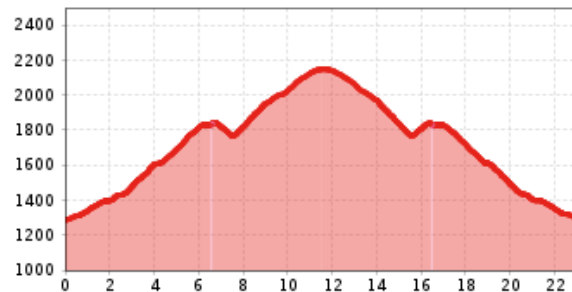


Challenging panoramic tour up to 2,208 metres



Altitude profile



The most important at a glance

distance
22.9 km

altitude meters uphill
1000 m

altitude meters downhill
990 m

highest point
2140 m

difficulty
average

circuit
no

fitness:

* * * * *

technique:

* * * * *

public transport:

Prägraten a.G. Gemeindeamt

parking:

Parkplatz Freizeitzentrum Gries
Sportsarea Gries

starting point:

destination point:

Timmeltal

best season:

APR, MAY, JUN, JUL, AUG, SEP, OCT

arrival

Parking spot

Car park Freizeitzentrum Gries 1.300m

Car park Bodenalm 1.700m

Gpx file

[download>](#)

Interactive map

[open>](#)

Description

Start of this moderately mountain bike tour is at sports area Gries, further on to the "Gemeindeamt", then to the north-east to Wallhorn till the last farm. Forward along serpentines to the junction Zuchetal and through the forest till the end of the road. Then to the west to "Zuchetalgraben" and further on to Bodenalm.

For those you want to go even higher: Further on to the north to Timmertal. At the junction after another 1,5 km

bike up to Eissehütte or to Wuneck at 2.2.00m.