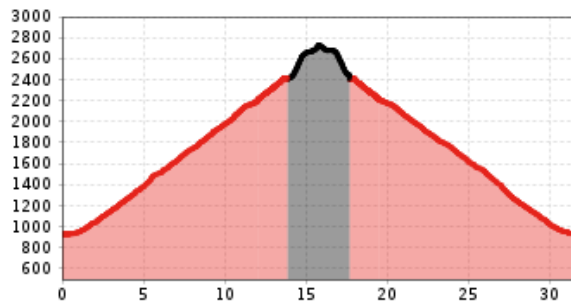


## Altitude profile



## The most important at a glance

difficulty

bike  
average

hike  
difficult

distance (in KM)

total distance  
31.5 km

bike  
27.6 km

hike  
3.9 km

altitude meters uphill

total altitude  
1852 m

bike  
1475 m

hike  
377 m

total tour time

total tour time  
6 h

bike  
3 h

hike  
3 h

fitness:

\* \* \* \* \*

technique:

\* \* \* \* \*

**starting point:** Parkplatz Matreier Goldried Bergbahnen 960m  
**destination point:** Rotenkogel 2.762m  
**best season:** JUN, JUL, AUG, SEP

## arrival

Stop

Matrei i. O. Süd

## Gpx file

[download>](#)

## Interactive map

[open>](#)

### **Beschreibung Bike**

The Bike & Hike route starts at the parking lot of the Matreier Goldried Bergbahnen. Follow the signs for MTB route no. 147 Klaunzerberg and cover the first kilometers on a moderately steep asphalt road. Already here you can enjoy breathtaking views of the glacier world around the Malhamkees at the end of the Virgental. Numerous refreshment stops including e-bike charging stations make this route a clear "all-round carefree package". At the end of MTB route 147, follow the signs in the direction of the Adler Lounge. The trail here is quite rough and quite steep. At the Adler Lounge you can park your bike and recharge your own batteries once again before starting the climb to the summit of the Rotenkogel in a southerly direction.

The times are for E-Bikers.

### **Beschreibung Wanderung**

The ascent leads along the ridge first to the Gorner and then on to the stage destination - the Rotenkogel. The summit is one of the most beautiful panoramic mountains in the region, where you can enjoy a 360-degree view of the Großvenediger, Großglockner and Dolomites. The way back follows the ascent path.