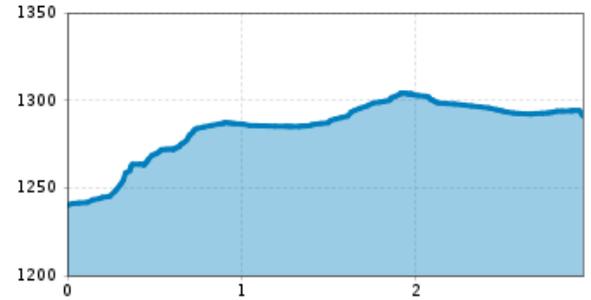


**Altitude profile**



**The most important at a glance**

<b>distance</b> 3 km	<b>snowed</b> no	<b>difficulty</b> easy	<b>start altitude</b> 1240 m	<b>destination altitude</b> 1304 m
<b>altitude meters uphill</b> 70 m	<b>highest point</b> 1300 m	<b>special accommodation for cross country skier</b> no		
<b>barrier-free</b> no	<b>biathlon</b> no	<b>cross country seal of quality</b> yes		

**fitness:**



**technique:**



**best season:**

JAN, FEB, MAR, DEC

**Gpx file**

**Interactive map**

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## Description

In the town of Lesach there is an interesting view to the end of the valley in Kals, St. Rupert parish church and to top it all, the Großglockner. To the east the three-thousand metre summits of the Schober group including the Glödis and Ganot, provide a superb backdrop. Between the Talblick and the Promenade slope there is a moderately difficult connecting section with a slope in the terrain and there is the option to combine both slopes. There are access point son Kalser Straße (Knopfbrücke) below Kals/Arnig, and in the town of Kals/Lesach at the panoramic display board for the slopes. Gasthof Lesacherhof, Kals/Lesach, provides a stop-off option there.