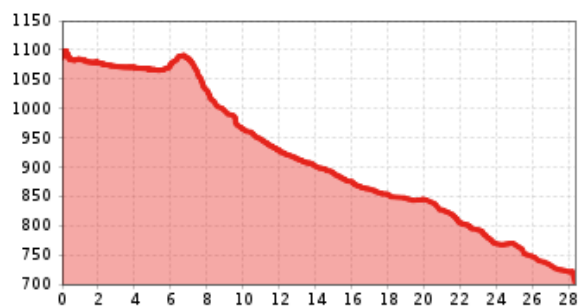


## Altitude profile



## The most important at a glance

distance 28 km	snowed no	difficulty average	start altitude 1102 m	destination altitude 703 m
altitude meters uphill 60 m	highest point 1102 m	special accommodation for cross country skier no		
barrier-free no	biathlon no	cross country seal of quality yes		

### fitness:

\* \* \* \* \*

### technique:

\* \* \* \* \*

### public transport:

Mit dem Bus bis zur Haltestelle "Sillian Marktplatz"

### parking:

Parkplatz beim Elektrogeschäft Aichner  
JAN, FEB, MAR

### best season:

## Gpx file

## Interactive map

[download>](#)

[open>](#)

## Description

You will find the best conditions for endurance training at the Pustertal slope to Lienz. Since there are not many metres altitude to cover it is also particularly suitable for anyone who prefers to glide in leisurely fashion across the slopes. Start is in Sillian, descending slightly to Lienz. You can of course follow the slope from Lienz to Sillian, however this variant challenges your fitness. After the start in Lienz the slope proceeds mostly along the Drau climbing steadily to the main town in Hochpustertal, Sillian.