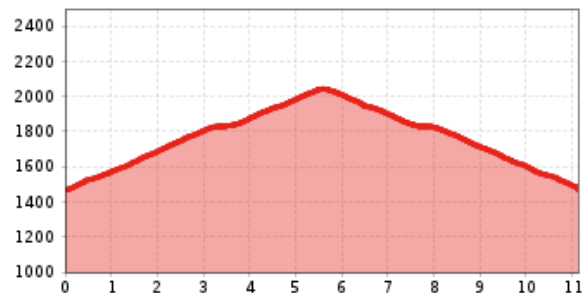


## Altitude profile



## The most important at a glance

distance  
11.1 km

altitude meters uphill  
570 m

altitude meters downhill  
570 m

highest point  
2046 m

difficulty  
average

circuit  
no

fitness:

★ ★ ★ ★ ★

technique:

★ ★ ★ ★ ★

public transport:

starting point:

destination point:

best season:

St. Jakob i.D. Mariahilf Zentrum

St. Jakob im Deferegggen-Kirchl "Maria Hilf" (1422m)

Hintere Alpe Stalle (2046m)

MAY, JUN, JUL, AUG, SEP

## Gpx file

## Interactive map

[download>](#)

[open>](#)

### Description

From the starting point, the Kirchl "Maria Hilf", initially there is a moderately difficult climb of around 800 m to Pötsch (asphalt). From there the forest road (gravel) climbs in serpentine up to the Alpe Stalle snack station (1714 m), where the route bears right, heading for Hintere Alpe Stalle (2046 m).